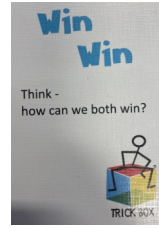


ad sciurus

THE SQUIRREL

Issue 19 Thursday 26th January 2023



DO
WHAT
MAKES
YOU
OH-SO
HAPPY

I have just spent a lovely day learning alongside the children as Scientists throughout the school. The children have been fabulous in their questioning, thinking, discussing and using scientific equipment. I have been privileged to see science that has included learning about plants, animal classification, electricity, conductors and insulators, senses and how food changes over time. What was really lovely was that the children could talk about previous learning and make connections to the new learning. Year 2 particularly enjoyed using some new mini microscopes that we have just brought!



Our Year 2 children trying out the new mini microscopes



On my travels around school I walked past the ICT room which was full of families attending a phonic workshop on the new scheme that we have in place. It is so lovely to see families supporting and engaging with helping their children acquire the skills and knowledge to become great readers. Talking about readers, I was sat in Year 5 and a child leaned over to me and said 'Mrs Sice, I am reading a new book and I am on page 18 already and I am loving it! My dyslexia is not holding me back', what a lovely moment of joy I had to share.

Still on the subject of reading, we have made the decision not to renew our license with Reading Eggs. It does cost the school nearly three thousand pounds a year and the uptake and use of the platform since returning from Covid has reduced quite dramatically. We are going to look for alternative versions, either at a more reasonable cost or for free and we will share these with you shortly. I hope you are not too disappointed.

We have also enjoyed welcoming lots of families in for lunch this for Year 4 and I know the kitchen have been pleased with the uptake in meals of late. It is Year 2 families next week; please do not forget to book in with the office by 9.30am at the latest on the day. This just gives the kitchen time to prepare the lunches, especially the jacket potatoes that cannot be cooked quickly.

As I walked down to the office to do today's newsletter I met the instructors from Bikeability who complimented the children who took part in the Bikeability, but also shared that they thought our school was just lovely and welcoming. They were also really impressed with our school lunches too.

Next week in school, it is our HERO week, 'Here Everyday, Ready On Time'. The Local Authority and government have launched a good attendance at school campaign to try and re-establish good attendance after Covid. We have also been extremely proud of our attendance at school that has been impacted by Covid and more recently by the coughs, colds and viruses that have been doing the rounds. When I was speaking to the school nurse she did say that actually we have to push through this period and coughs, colds and viruses may linger for longer, but it is okay to return to school not 100% but feeling well enough to attend. You just have to keep going. We will get through this together and from my experience today if you miss a day in school you miss so much learning and you never ever get this back. Making every day count really does count!

Year R are off to the library next week, author Peter Murray is returning with his new book, Wonderfell are in for Year 6, I am off to visit some schools in Winchester and some Year 4 and 5 children are off to the Maths Challenge at Ryde school. I usually have the pleasure of joining the children because I love the puzzles and maths that they have to do (not that I am allowed to help them, but I like having a go myself!) A busy week in school and also the end of January (yay finally!)

On Thursday of next week we have the mobile van for the 'Living Well' service. This will be parked just inside the blue front gates for families to visit. Do come along, it has lots of great information.



On the subject of sharing information, Year 2 have a SATs meeting on Thursday at 3pm and there is a Phonic workshop for Year 2 families on Wednesday 1st February at 2pm.

After next week, we only have 1 week left until half term! The reports should be in this week and we will have a read of them all and add our comments to them ready for our Pupil Progress Meetings when we return after half term. Please do book in with your child's teacher to meet with them.

Dance Live is getting very close, all the information has gone out. It is just a matter of practice, practice, practice! Mary is going to send out some videos to help with the final polishing.

Have a lovely weekend, it is still going to be cold for the next few days so wrap up warm!

Caroline Sice, Headteacher



FOR YOU

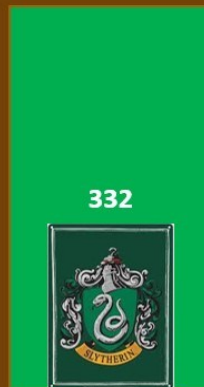
Issue 19 Thursday 26th January 2023

HERO WEEK—Next week is HERO week, Here Everyday, Ready on Time and our raffle tickets will be given out to win a voucher by class!



This week

A huge well done to Slytherin House who have taken the lead this week in our House Points. Who will win next week?



This week's debate...



How much control do influencers have over our choices?

Lanesend Conversation Starters...

Use these prompts with your children at home to start a conversation about their week in school...

Reception— Talk to me about... New digraph sounds Ch, Sh, Th, Ng, Nk, weighing using scales, our bread science experiments, bird feeders, floating cloud.

Words to use... Digraph, balanced, lighter than, heavier than, saliva, teeth, break down, bread, lard, seeds

Tips for the week... To read decodable phonics book at home at least 4 times in the week.

We have been reading... Hansel and Gretel.

Year 1— Talk to me about....what changes happen to food- how did we change cream? What happened to the apples?

Words to use... change, predict, observe.

Tips for the week...help me learn Each Peach Pear Plum with actions for Talk for Writing.

We have been reading....Each Peach Pear Plum.

Year 2— Talk to me about... science and the importance of hygiene

Words to use... observe, look closely, microscope, magnifying glass, germs.

Tips for the week ... sing a song like happy birthday when washing your hands.

We have been reading... The Little Red Hen, The Faraway Tree.

Year 3 – TALK TO ME ABOUT... plants!

WORDS TO USE... grain, roots, stem, leaves, flower, absorption, transportation, lifecycle, seed.

TIPS FOR THE WEEK... Always use your inference skills to predict what a book might be about by looking at the cover. Were your predictions correct?

WE ARE READING... Charlotte's Web by EB White.

Year 4— Talk to me about

'Show, Don't Tell', how you describe and hint at a character's emotions, thoughts and feelings without talking someone how they are feeling.

Tip of the week

The decimal point never moves!

We have been reading

The Legend of Podkin One' Ear

Arthur and the Golden Rope

Year 6— In year 6 we have been making and tasting flatbreads in Design and Technology lessons. Ask me about the techniques I used. In Art we have developed our weaving skills to create paper flowers. In maths lessons we are continuing to master decimal numbers.

In our English lessons we have begun memorising the poem The Lion and Albert.



At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

12 Top Tips for BUILDING CYBER RESILIENCE AT HOME

As a society, we're increasingly using technology and tech services in the home. Digital assistants which can adjust the heating or turn lights on and off; streaming services for shows and movies on demand; games consoles; smart speakers; phones; laptops ... the list goes on. As we introduce each new gizmo to our homes, however, we increase the level of threat from cyber criminals. It's essential, therefore, that we learn to become more cyber resilient in relation to the devices and digital services that the people in our household use.

WHAT IS 'CYBER RESILIENCE'?

Cyber resilience focuses on three key areas: reducing the likelihood of a cyber attack gaining access to our accounts, devices or data; reducing the potential impact of a cyber incident; and making the recovery from a cyber attack easier, should we ever fall victim to one.

1. PASSWORDS: LONGER AND LESS PREDICTABLE

The longer, less common and predictable a password is, the more difficult it becomes for cyber criminals to crack. The National Cyber Security Centre's 'three random words' guidelines are ideal for creating a long password which is easy to remember but hard to guess.

2. AVOID RE-USING PASSWORDS

When you use the same password across different logins, your cyber resilience is only as strong as the security of the weakest site or service you've signed up for. If cyber criminals gain access your username and password for one site or service, they'll definitely try them on others.

3. USE A PASSWORD MANAGER

A good way to juggle different passwords for every site or service you use is to have a password manager. This software stores all your passwords for you, so you simply need to remember the master password. LastPass, Dashlane, iPassword and Keeper are all excellent password managers.

4. BACK UP YOUR DATA

Keep a copy of your data using OneDrive, Google Drive or another reputable cloud-based storage solution. If it's extremely important or sensitive information, you could even decide to keep more than one back-up version – by saving it to a removable USB drive or similar device, for example.

5. ENABLE MULTI-FACTOR AUTHENTICATION (MFA)

Multi-factor authentication is where you need access to your phone (to receive a code, for example) or another source to confirm your identity. This makes it far more difficult for cyber criminals to gain entry to your accounts and your data, even if they do manage to get your username and password.

6. CHOOSE RECOVERY QUESTIONS WISELY

Some services let you set 'recovery questions' – such as your birthplace or a pet's name – in case you forget your password. Take care not to use information you might have mentioned (or are likely to in future) on social media. More unpredictable answers make cyber criminals' task far harder.

7. SET UP SECONDARY ACCOUNTS

Some services provide the facility to add secondary accounts, phone numbers and so on to help with potentially recovering your account. Make sure you set these up: they will be vital if you're having trouble logging in or if you're trying to take back control of your account after a cyber attack.

12. STAY SCEPTICAL

Cyber criminals commonly use various methods, including emails, text messages and social media posts. Be cautious of any messages or posts that are out of the ordinary, offer something too good to be true or emphasise urgency – even if they appear to come from someone you know.

11. KEEP HOME DEVICES UPDATED

Download official software updates for your household's mobile phones, laptops, consoles and other internet-enabled devices regularly. Security improvements and fixes are a key feature of these updates – so by ensuring each device is running the latest version, you're making them more secure.

10. CHANGE DEFAULT IOT PASSWORDS

Devices from the 'Internet of Things' (IoT), such as 'smart' home appliances, are often supplied with default passwords. This makes them quicker to set up, but also less secure – criminals can identify these standard passwords more easily, so change them on your IoT devices as soon as possible.

9. CHECK FOR BREACHES

You can check if your personal information has been involved in any known data breaches by entering your email address at www.haveibeenpwned.com (yes, that spelling is correct!). It's useful if you're worried about a possible attack – or simply as motivation to review your account security.

8. KEEP HAVING FUN WITH TECH

Consider our tips in relation to the gadgets and online services your household uses. Protect yourself and your family, and don't let the bad guys win: devices are not only integral to modern life but also a lot of fun – so as long as you keep safety and security in mind, don't stop enjoying your tech.

Meet Our Expert

Gary Henderson is the Director of IT at a large boarding school in the UK, having previously taught in schools and colleges in Britain and the Middle East. With a particular interest in digital citizenship and cyber security, he believes it is essential that adults and children alike become more aware of the risks associated with technology, as well as the many benefits.



NOS National Online Safety®

#WakeUpWednesday

Source: www.ncsc.gov.uk/collection/top-tips-for-staying-secure-online/three-random-word | <https://haveibeenpwned.com>



www.nationalonlinesafety.com



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Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 25.01.2023



With many of our children looking at plants for Science week this is a timely reminder of why bees are so important.

How to bee friendly



1 Bees can very thirsty when pollinating. Give them a little water 🍷



2 Offer them a little place to rest in the shade, it can get very hot outside 🥵



DID YOU KNOW?

Why bees are so important



Bees are in decline due to pesticides, habitat loss and climate change

But they are essential to biodiversity!

Humans and animals depend on them for food!

Many fruits, flowers and plants reproduce through bees pollination





Maths With Dee.

Every Tuesday 9 - 10

at Lanesend Primary School.

Want to learn how your children are taught maths in school?

Do you want to be able to help with homework?

How can you help your child with the 99 club?

How can you help your child prepare for SATS and the Year 4 Multiplication Table Check?

Would you like the opportunity to improve your own maths knowledge and work towards a qualification?

All this and more and it is free of charge!

For more details email graham.andre@lanesendpri.iow.sch.uk

SKILL OF THE MONTH



Our Skill of the Month is Staying Positive: Staying Positive - Getting started - Skills Builder Homezone

Staying Positive

Create a Positivity Jar.

Save an empty jar.

Fill it with 'happy notes' and messages.

People in your household can take a message from the jar when they are facing a setback.

Reflection Questions

Getting Started: How does this activity make you feel?

Intermediate: How could you use this activity to feel more positive when something goes wrong?

Advanced: How could this help you to look on the bright side of something?

Mastery: How can you manage your emotional response to best support others?

Friendly February 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1. Show an active interest by asking questions when talking to others	2. Send a message to let someone know you're thinking of them	3. Ask a friend how they have been feeling recently	4. Do an act of kindness to make life easier for someone	5. Organise a virtual 'tea break' with a colleague or friend	6. Make time to have a friendly chat with a neighbour	7. Get back in touch with an old friend you've not seen for a while
8. Share what you're feeling with someone you really trust	9. Thank someone and tell them how they made a difference for you	10. Look for good in others, particularly when you feel frustrated with them	11. Send an encouraging note to someone who needs a boost	12. Focus on being kind rather than being right	13. Smile at the people you see and brighten their day	
14. Tell a loved one or friend why they are special to you	15. Support a local business with a positive online review or friendly message	16. Check in on someone who may be struggling and offer to help	17. Appreciate the good qualities of someone in your life	18. Respond kindly to everyone you talk to today, including yourself	19. Share something you find inspiring, helpful or amusing	20. Make a plan to connect with others and do something fun
21. Really listen to what people say, without judging them	22. Give sincere compliments to people you talk to today	23. Be gentle with someone who you feel inclined to criticise	24. Tell a loved one about the strengths that you see in them	25. Thank three people you feel grateful to and tell them why	26. Make uninterrupted time for your loved ones	27. Call a friend to catch up and really listen to them
28. Give positive comments to as many people as possible today						

ACTION FOR HAPPINESS

Happier · Kinder · Together



**DON'T MISS THIS FUN FAMILY FESTIVAL
DURING FEBRUARY HALF TERM!**
Friday 17th & Saturday 18th February

Plus, new for this year, Thursday 16th for the over-12s

DECEMBER 2022 NEWSLETTER



16-18 FEB 2023

iwstoryfestival.com

@ Quay Arts Newport



**Horrible Histories' and Ghosts'
Simon Farnaby**



TICKETS
quayarts.org



Registered charity number 1198024

Geoff and Kay Banks
Peter Giddens
Chris Newnam



FAQs

Q: Do I need to get my tickets in advance?

A: It's a good idea. Tickets are selling fast! Get them from www.quayarts.org

Q: How much are tickets?

A: Some sessions are free, others cost between £3 and £6

Q: Is it just for people who like reading?

NO! The IW Story Festival isn't just about books! We've got lots of hands-on activities for you to get involved with - from making puppets to making rockets, illustrating comics to sewing a story. There will be storytellers and theatre performances too!

Tickets are now on sale for the IW Story Festival at Quay Arts in Newport during February half term from www.quayarts.org

It's a chance to meet well-known performers and writers like **Simon Farnaby** (from Paddington 2, Horrible Histories and Ghosts) who will be talking about his **Wizard in My Shed** series of books.

Former CBeebies star, **Carrie Burnell**, will also be there with her exciting adventure story about being different, **Wilder than Midnight**.



CARRIE BURNELL

For younger children we have a world-exclusive. Author and illustrator Nicholas Allan will be revealing for the first time **The King's Pants** (some of you may already know and love one of his most famous books, **The Queen's Knickers**.)

There will be lots of other authors and illustrators for you to meet, some of them you may have heard of, some of them you may not. But all of them are worth seeing. Why not check some of them out before you come along: **Laura Ellen Anderson, Neal Layton, Jamie Littler, Gareth Peter, Kieran Larwood, Jules Harriner, Felicity Fair Thompson and Peta Rainford**

More information from: www.iwstoryfestival.com

Registered charity number: 1198024



Family Pottery Workshop

13th, 14th and 15th of
February 10 - 12am
at Tregear Pottery, Niton

You and your family can create your own coil pots and learn how to throw pots on the wheel. We'll glaze and fire your work for you so you can keep your masterpieces!

To book email us at:
isleofwightpottery@gmail.com

*more people can attend for an additional £20 per person



£100 for up to four people*



Half Term Clay Club

13th, 14th and 15th of
February 2 - 4pm
at Tregear Pottery, Niton

Create your own clay models and decorate a mug. We'll glaze and fire your work for you so you can keep your masterpieces!

To book email us at:
isleofwightpottery@gmail.com



£25 per person

'EYES-WIDE' Gang and Youth Violence Awareness Training for Parents and Carers

When: Monday 6th February
7pm - 8:30pm

Where: Gatten & Lake Primary School,
Oaklyn Gardens, Shanklin PO37 7DG
Tel: 01983 869910

This training event is informative about street crime, including language as well as signs and symptoms of gang involvement.

Do you want to find out more about county lines, CCE (Child Criminal Exploitation) and knife crime?

Then come along to this informative, proactive session for awareness.

Presenter: Dean Cody
Urban Solutions

There will be an opportunity for informal discussions at the end of the main information session for parents/carers to ask robust questions for advice.

This evening session is for adults only.




SOCCER CAMP

MONDAY 13TH FEBRUARY
RECEPTION – YEAR 6
10:00 – 2:45 PM
ST THOMAS', NEWPORT
£12 A DAY

ALL OF OUR SENIOR COACHES ARE FA LEVEL 2 QUALIFIED
 AND HAVE ALL BEEN CRB CHECKED.

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 📧 LJRCOACHING

✉️ LJRCOACHING97@GMAIL.COM
 TO BOOK PLEASE USE THE LINK BELOW OR SCAN THE QR CODE:
[HTTPS://LJRCOACHING.CLASS4KIDS.CO.UK/CMS/CAMPS](https://ljrcoaching.class4kids.co.uk/cms/camps)






RECOMMENDED FOR AGES 3-7

CURIOUS INVESTIGATORS

"really great children's theatre"
Exeunt on We're Stuck!

TUE 4 APR, 2PM
Quay Arts Centre
 Sea Street, Newport Harbour, Isle of Wight, PO30 2EF
Book your tickets: 01983 822490 quayarts.org



BIG IMAGINATION BackstageTrust 

flu: 5 reasons to vaccinate your child




- 1. Protect your child**
 The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia
- 2. Protect you, your family and friends**
 Vaccinating your child will help protect more vulnerable friends and family
- 3. No injection needed**
 The nasal spray is painless and easy to have
- 4. It's better than having flu**
 The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record
- 5. Avoid costs**
 If your child gets flu, you may have to take time off work or arrange alternative childcare

For more information visit www.nhs.uk/child-flu

Flu i mmunisation
 Helping to protect children, every winter

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Anxiety Awareness



FOR PARENTS

Workshop includes:

- What is anxiety?
- Common anxiety difficulties in children
- What maintains the anxiety
- Safety behaviours in children
- Top tips to help your child with fears and worries

mental health support TEAM